

A Sharing Calendar

It's Remarkable What Your Gift Will Do. One great hour of sharing

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Jesus said, "Feed my sheep." Tell of a time when someone showed care for you by giving you food. Give two units in thanksgiving.

One in four children in developing countries is underweight. Give one unit for each pound your weight differs from your ideal.

Demand at food banks across the United States increased by 30% the most recent year for which statistics are available. Give one unit for every five cans of food in your kitchen.

The cost of a night out for a couple can provide emergency food supplies for a family of five for a month. Give one unit for each "date" or celebratory outing you had last month.

In the United States each month, 28 million low-income people receive government supplemental nutrition assistance (food stamps). Give one unit for each time you ate out last month.

Malnutrition in mothers and their children causes more than one-third of child deaths. Give one unit for each meal you eat today.

In the United States, 40%-50% of all food ready for harvest never gets eaten. Give one unit for each meal you eat today when you did not finish what was on your plate.

Jesus said, "Tend my sheep." Tell of a time when someone cared for you when you were sick. Give two units in thanksgiving.

Close to half of all people in developing countries suffer at any given time from a health problem caused by water and sanitation defects. Give one unit for each faucet in your home.

More than a billion people worldwide do not have access to clean water. Give one unit in thanksgiving for each glass of water you drink today.

More than 2.1 million people die each year from water-borne diseases. Most of them are children. Give one unit for every time you turn on the faucet today.

Between 2000 and 2007, measles deaths dropped 74% worldwide, primarily due to increased vaccination. Give one unit if you have been vaccinated for measles.

Worldwide, each year 4 million newborns die within the first month of their lives. Give one unit for each child you consider part of your family and extended family.

Two-thirds of all Americans are overweight, and half of those are considered obese. Give three units as a sign of commitment to help improve health in the United States.

Jesus said, "Tend my sheep." Tell of a time when someone helped you through a rough time. Give two units in thanksgiving.

Worldwide, 11.4 million people have become refugees—fleeing conflict and persecution by escaping across international boundaries. Give one unit for each year you have lived in your home.

The United States admits approximately 50,000 refugees each year. Give one unit for each person you know who came from another country.

Worldwide, 26 million people are "internally displaced"—forced to flee their homes due to conflict and persecution, escaping elsewhere in their own country. Give one unit for each time you have moved.

About 2.5 billion people live on less than \$2 per day—less than the cost of many mealtime beverages. Give one unit for each cup of coffee or soda you drink today.

An estimated 400 million fewer people live in absolute poverty today than in 1990. Give one unit in gratitude for this improvement.

Many poor villages still lack reliable electricity. The United States uses 22% of all electricity consumed in the world. Give one unit for each electrical appliance in your home.

Jesus said, "Tend my sheep." Tell of a time when someone taught you something you have found helpful in life. Give two units in thanksgiving.

Nearly a billion people entered the twenty-first century unable to read a book or sign their name. Give one unit for each time you write your name today.

Providing an education to girls and young women is one of the strongest ways to end cyclical poverty. Give one unit in thanksgiving as you name each girl and woman important in your life.

A video game console costs as much as a sewing machine and job training that a family needs to start their own business and become self-sufficient. Give one unit for each video game your family owns.

More than 100 million elementary school-aged children worldwide do not attend school. Give one unit for each year of formal education you have received.

One out of every three urban dwellers lives in slum conditions. Give one unit for each bedroom in your home.

Clean water reduces disease and improves nutrition. Today 1.6 billion more people can get safe drinking water than in 1990. Give one unit in gratitude for this improvement.

Both urgency and joy pervade the work of One Great Hour of Sharing. The calendar above highlights some of the challenging situations we address when extending care to God's treasured people in the U.S. and around the world. Each day suggests a donation of coins. Your household can decide what coin is best for your situation each day.

"We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee."
—Marian Wright Ebleman, lifelong advocate for children

Sources: Church World Service; United States Department of Agriculture Food and Nutrition Service; United States Department of Health and Human Services; United States Department of Homeland Security; United Nations Children's Fund; United Nations Development Programme; Office of the United Nations High Commissioner for Refugees; The Central Intelligence Agency's World Factbook; The World Bank Group.