

WESTERN SPIRE APRIL 2024

It is amazing to learn from neurologists about how our brain remembers things from the past. They say there is no such thing as a memory sitting somewhere in the brain like a computer file for us to just bring back at our convenience. Every memory is an active and effortful process to rebuild it, and we always add our own interpretation to it as we bring it up. Of course, we remember random things without putting much effort to remember them. But neurologists explain that those memories are easy to call up because certain emotions are attached to them. For example, you may not remember much about your girlfriend at the age of 16, but when you listen to a piece of music you used to hear with her, you may be able to remember a lot of things from those days.

That is why we remember traumatic experiences vividly because they were etched deeply in our memories with the emotions of fear, confusion, despair. It is almost like our brain had taken snapshots of the scenes or recorded them in slow motion so that they come back clearly when we face similar situations. The purpose of our brain working in such a way is to protect us from another trauma or to help us prepare for it, so that we don't get overwhelmed by it.

The real problem of recollecting painful memories and past experiences, which we can't control a lot of times, is that we use them for imagining our future. Psychologists have found striking similarities between remembering the past and simulating the future because both processes employ the same brain network. That is why people tend to believe that their current pain will last forever as much as they still remember the past event. Then, they conclude that there is no possibility of getting out of it because their pain has caused them to employ the same cognitive distortion to envision the future based on their current pain.

What do those emotions like fear, isolation, frustration, anxiety, and loneliness have in common? They are like chronic pain that disrupts every aspect of our lives. They are like great power that impedes our ability to respond to others in a proper way, as if we are shackled by those emotions. A psychologist, Alyson Stone said, "Feelings are like ocean waves. They rise, crest, and recede all day long."

It is the most powerful statement that God gives us in Easter time that Jesus was able to break the curse of sin and death. Death no longer has any power over Jesus and those who trust in him. Yes, death does not have the last word. Sometimes it may sound too good to be true and, because of its strong claim of victory, many Christians treat it as simply a religious cliché. But it is God's cry for us that we don't have to live in whatever binds us in the darkness because the Son of God has broken the shackle. Let me repeat what I just said: God is crying out to us because He sees, knows, and cares that there is a solution for us to get out of the darkness of our life.

A friend of mine has overcome alcohol addiction since 2018. He didn't cut down on his drinking. He was just determined to quit drinking and has kept it until now. As I read his Facebook posts everyday (he adds at least five posts every day, some of which are from deep and profound quotes, but some are quite credulous), I can see how much he is battling against the desire to return to his old life. For example, his recent post is a quote from Bob Marley: "Some people feel the rain, others just get wet." Obviously, he wants to feel every joy of being sober instead of giving it up.

By the power of the resurrection, what seems immovable and unbreakable can be split and rolled off. The more we grow into the power of resurrection, the more we can experience real changes in our lives. Perhaps for many people, to accept the possibility itself is a major obstacle to overcome. But Jesus says to us, "I am the resurrection and the life," which means He is the transforming power to make us spiritually alive and transformed day by day. The key to unlocking the resurrection power is our acceptance of it and willingness to cooperate with the Holy Spirit in obedience and humility.

The resurrection power of Jesus is still as powerful as it was in the first century. However, people prefer to receive it with surprise, doubt, fear, and meaninglessness as the disciples did in the time of Jesus. The four Gospels in the Bible describe the response of the disciples, not fully accepting the resurrection power when the risen Christ appeared to them. Each Gospel introduces different stories of how the disciples went through the process of fear, denial, doubt, and finally opened themselves to the amazing event of his resurrection. Likewise, the power of the resurrection sounds too enormous to accept with our own collected knowledge, but once we trust in God who makes all things possible, it becomes our everyday reality.

Peace of Christ, Rev. Hodong Hwang



A Journey to Cultivate Wellness in mind, body & spirit

Nutrition Class: Discover the power of wholesome eating, explore nutrition foundations & learn practical meal planning tips
Instructor: Cortney Underwood, Licensed Dietitian
Date: Sunday, May 5th at 11am

Meditation Class: Find peace & inner harmony with techniques to quiet the mind, reduce stress & cultivate mindfulness

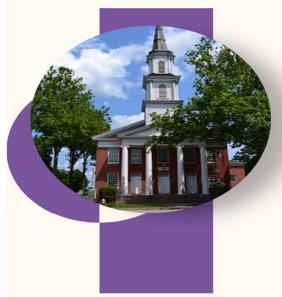
Instructor: Crofton Celentano, Personal Trainer - www.americanmusclelove.com

Date: Wednesday, May 22nd at 6:30pm Cost: \$10

First Aid Class: Equip yourself with life-saving skills with a certified instructor. Learn essential techniques for responding to emergencies-how to recognize them, how to call for help & perform first aid basics **AHA Heartsaver First Aid Course**

Instructor: Patrica Dlugosh, Certified Instructor

Date: Thursday, May 2nd at 6pm Cost: \$25 (optional \$3 for the book)



Whether you're seeking physical vitality, emotional resilience or spiritual renewal

Our May wellness theme offers something for everyone

Contact our church office for more information at:

office@wpreschurch.org

www.wpreschurch.org

All classes are open to the community & held at Western Presbyterian Church in Fellowship Hall

BIBLE EMERGENCY NUMBERS

When in sorrow	
When man fails you	
When you have sinned	
When you have worry	
When you are in danger	
When God seems far away	
When your faith needs stirring	
When you are lonely and fearful	Psalm 23
When you grow bitter and critical	
When you feel down and out	
When you want peace and rest	
When the world seems bigger than God	
When you want Christian assurance	
When you leave home for labor or travel	
When your prayers grow narrow and selfish	Psalm 67
When you want courage for a task	
To get along with your fellow man	
For a great intervention or opportunity	
For Paul's secret to happiness	
If you want to be fruitful	
If your pocketbook is empty	
If you're losing confidence in people	
If people seem unkind	John 15
If discouraged about your work	
Find the world growing small and yourself of	

AVAILABLE 24/7 | PHONE SERVICE NOT REQUIRED

"¹² Now I tell you to love each other, as I have loved you. ¹⁶ You did not choose me. I chose you and sent you out to produce fruit, the kind of fruit that will last. Then my Father will give you whatever you ask for in my name. ^[a] ¹⁷ So I command you to love each other."

John 15:12, 16-17

In the words of Jesus, we are to love others because God's love is freely given to each of us. On Mission Sunday, we heard many ways that Western Presbyterian responds to God's love by reaching out to others in our community.

- Family Promise Monday Dinners
- Signup on Bulletin see Irene or Jody
- Family Promise Fundraisers attend or volunteer
- Vegas Cassino Night Palmyra VFW on March 30
- Night without a Bed Fairgrounds Sept 21 and 22
- Paper Lantern Release Sodus Point
- Craft Vendors Williamson in October
- Food Pantry –Funding
- Donations of food
- Helping "shoppers" at the pantry
- Food Cupboard
- Donations of food, maybe something extra at your shopping trip
- restocking the cupboard
- Weekend Wellness –
- Donating money or food Mac and Cheese cups and/or Granola Bars
- Filling the bags. April 2nd needs volunteers to pack bags.

In whatever way you join in the mission of Western Presbyterian, please know it is gratefully appreciated by those in need in our community.

When you turn your worries into worship, God turns your battles into blessings!

Women's circle met around the table and discussed how the crucifixion is an introduction to the juggling of suffering and joy. We learned that Jesus believes that suffering matters. Suffering just is!

We agreed that suffering can shape a person to become more, or a bit different based on their heart. Without suffering, there is a chance that one can become insensitive to the pain of others. This insensitivity leads to a separation from faith, a lack of compassion to hardships. We actually brainstormed the denial and acceptance of suffering and where one might be led. Below is a matrix of what we came up with:

Denying Suffering	Suffering just is
Get rid of hardship and Faith	Encapsulated with Faith
Soulless	Soulful
Don't cry	Refuse to turn away
No emotional intelligence	Supporting others
Look at present and more-so	Look forward and back
Embraced in monetary riches	Home is where the heart is
Mean Spirited	Listening deeply to others and speaking
	"The Word"
Loss of true joy	Lament with tears and shouts
Ignore suffering of others	Acknowledge suffering
Take pain and suffering out on others	Pain and suffering are part of salvation
Chose to walk away from fire	Chose to walk to the fire
The God of monetary wealth	God of spiritual and community wealth

Outside the church office there is a cross where we listed some ways folks might be bearing the cross of suffering. It all raises the question of God's suffering when seeing his Son on the cross. Our conclusion to this discussion is to give ourselves and others grace as struggles come our way. When we closed in prayer there was such a voice of appreciation for the words' we joined together in saying. We wanted to include them here so that you also can see and feel the power of the words.

I am hope for all who are hopeless;

I am eyes for all who long to see.

In the shadows of the night, I will be your light

Come and rest in me.

Do not be afraid, I am with you.

I have called you each by name.

Come and follow me; I will bring you home;

I love you and you are mine

God of suffering and joy, may we lean on the example of Jesus, who suffered alongside us and knows exactly what it is like to experience the troubles of the present. Amen

Our next meeting will be Wednesday, April 10th at 1pm....

Hope you can join us.

Circle Mission project for April:





Please bring your donations to the April 10th meeting



SUPPLIES NEEDED:

- One 1-gallon Ziploc bag
- One hand towel measuring 15"x28" to 16"x32" (No fingertip, bath, dish, or micro-fiber towels.)
- One washcloth
- One wide-tooth hair comb removed from the package (Found at discount dealers like sallybeauty.com. Search for wide tooth pastel comb to see example)
 Must be sturdy with at least 6" of teeth
 No pocket combs or picks
 Rattail and combs without handles are acceptable
- One fingernail or toenail clipper (Either one is acceptable. Remove from packaging.)
- One bath-size bar of soap in the original package
- One toothbrush in the original package
- Ten standard size Band-Aids All items must fit inside the Ziploc bag.

When people are forced to abruptly leave their homes because of emergencies, they may not have time to pack the things they use on a daily basis like toothbrushes or soap. But after a few days without these items, they definitely miss them. Your hygiene kits offer a refreshing daily boost for someone when supplies are hard to come by. Please remember to send \$2/kit to CWS to cover the costs of processing.





HAPPY BIRTHDAY

HAPPY ANNIVERSARY

April 8	Emily Hunt	April 12	Terry & Val Gendron
April 10	Jonnie Fontaine	· ·p· ·· -=	,
April 18	Lloyd Durfey		
April 18	Dave Pinkney		
April 22	Val Gendron		
April 24	Benjamin Dlugosh		
April 24	Jan Semans		

If we have missed your birthday or anniversary, please contact the office at 597-9171 so we can add it to our list next time!

The team minutes received for March include:

WPC Christian Education Team Minutes March 12, 2024

Building Faith, Family, and Fellowship. WPC nurtures spiritual growth, joyful fellowship, meaningful community, and global involvement: worshiping and serving God with energy, intelligence, imagination, and love.

Present: Jody Pruitt, Emily Hunt, Cim McFarlane

In Spirit: Ellen Avery

Upcoming Events:

March 23- Easter Bunny Breakfast

March 24- Palm Sunday Parade during worship

March 31- No Sunday School- Easter Sunday

April 7- Special Session Meeting after worship for confirmands to present Statements of Faith

April 28- Confirmation Sunday

June 2- Sunday School Led Service/Last Day of Sunday School

July 29-August 2- VBS

Continuing and New Business

Palm Sunday Parade- the children will process for the parade during the first hymn on Palm Sunday. Irene asked for the children to collect the love loaves on Palm Sunday as well. We will collect them in baskets during the passing of the peace.

Spring Youth Service- we discussed the possible need to move the youth service from 5/19 due to schedule conflicts with some children and having it later so college students can participate. We floated the idea of June 2 as a new date. Emily contacted Courtney to see if worship was ok with this change-they were. The change also works for Pastor Hodong.

Bunny Breakfast- We have a few items to be donated. Emily will reach out to Kathy to see if she can email the congregation for a reminder. We will give the bunny bait again this year from the Easter Bunny. Jody will make any that need to be made.

Sunday School News- Cim joyfully shared that we had a packed Sunday School last week to make cards for the shut ins. Emily M, Jacob M, and Logan B were all home for Spring Break and participated. Students also made bulletin covers for the Palm Sunday Service. We are excited to bring this tradition back.

Toddler Time- Cim reported that 21 children came to the most recent Toddler Time. She had a good mix of returning and new families. She handed out flyers for the Easter Bunny Breakfast. The next story time will be April 18 with Joe Perry and Phil Opdycke presenting on space.

Bible Presentation- Cim will order the Bible for Drew. We will present Drew the Bible at the spring youth service.

Jody's Adult Class- Jody reported that she hasn't found a book/study guide that feels right yet. She is still looking.

May Wellness Theme- Cim made wonderful flyers for this and has sent them for Sunday AM announcements and will put on all Facebook pages including PM families and neighbors.

Donation from the Oaks Family- we received a generous donation from the Oaks family to use for Christian Education, especially VBS. Emily will send a thank you card to the family.

Cleanliness Upstairs - We discussed some cleaning issues upstairs - primarily the stairs, landing, and upstairs bathroom. We thought maybe this could be a confirmation service project that could also include cleaning the sanctuary before Easter???

VBS-Cim reported we will use Cave Quest as our VBS theme this year. Cim and Lisa P will meet after Easter.

Triennium- we discussed the 2025 Triennium; we will need to start thinking about fundraising for summer of 2024.

Next meeting: April 9, 2024 at 7:00 pm

Respectfully Submitted, Emily Hunt

Deacons Team Meeting Minutes

February 6th, 2024

Present: Sandy McMenamin, Randy Kennard, Nancy Talma, Patti Dlugosh, Linda Pulcini, Sandy Betts

In Support: Sara Bush

Meeting opening with lighting of the **Christ Candle** God is love..

1. Welcome new Deacon team member, Sandy Betts

2. Approval of last month's minutes & corrections Motion: Sandy M. Second: Sandy B.

3. Treasurer's Report: Current balance & expense/donation Status—sandy M. —

Feb-24	Deacons Checking Account
Initial balance	\$1,088.57
Additions	\$66.00
Deductions	(\$23.28)
Ending balance	\$1,131.29

- a. Balances
- b. Status of signature transfer on Checking account ~ not completed yet
- 4. Sharing Correspondence: letters/emails/cards D.H.; S.C.; & E.A.
- 5. Communion on February 18th
 - a. There has been a very strong push from the congregation to <u>revert back to the standard bread</u> propose to session. Also, discussion regarding when to partake elements. / Announcement to congregation re. why pita bread done by Randy.
 - b. Assist in set-up? Prep for 80 people. Non-gluten pita bought & cut in smaller pieces.
- 6. Update of prayer concerns: adds, Removals & status
- 7. Group Prayer Lord, hear our prayers.
- 8. Visits/ Calls/ cards counts visits with special meaningful moments of faith.

2024							
Month	Visits	Phone Calls	Cards sent and Email outreach	Communion Served	Communion Date		
January	7	13	63	41	1/14/24		
February				43	2/18/24	S.S. created cards	
Year to Date	7	13	63	84			

- 9. Sunday School made cards... we have extras any thoughts on who we can send them to??
 - a. Special Care Mailings Current Roster confidential
- 10. Monthly Notes: Bible 1 John 4:8 "Whoever does not love does not know God, because God is love."

Old Business:

- 1. Reports of Prayer List contacts, what extra outreach and care is needed??
- 2. Session- Change of date to same day as Deacon meeting...

New Business: - communion actions taken.

Meeting closed with prayer.

Next meeting Tuesday 3/5/2024 @ 10:00am

Respectfully - Randy Kennard, Chairperson

Fellowship Meeting Minutes 3/4/24

Lighting of the candle: 2:00 pm

Soup/Chili potluck: Sandwich board signs are done and put out to let everyone know.

Drinks: coffee, tea, water, juice, and milk

Dessert: Jan will make mint brownies, Sue will make cookies, Ray will bring cream puffs.

Decorations: Roxie has them.

Misc: Jan will get 1/2 & 1/2 creamer. Ray and Norm will do cornbread, Jan will bring Italian and French bread. Norm will get sour cream and cheese. Roxie will do corn chowder and chili. Norm will do veggie chili.

The team will meet at church at 9:15 am to set up. Tables for pots will be along the east wall.

Norm will do an announcement for the bulletin and ask James to put on screens. Perhaps Kathy could put something on Facebook page and do an email blast.

Game or movie night: decided on April 13th. Norm will have something in the Spire and bulletin. May still work with Christian Ed.

Jan suggested a truffle coffee hour for May or Early June.

Respectfully submitted: Norm Underwood

Mission and Social Concerns 3/6/2024 Minutes

Present (in person) - Ruth Dantz, Sally Chase, Cassie Hughes, Irene Fadden

Present (on zoom) – Edie Chapman

The meeting was opened by lighting the Christ Candle and prayer.

Food Cupboard – Lions will be having a food collection day to supply the Cupboard. They will advertise and collect food from the Palmyra Community. They will pack the food in boxes to be stored in the church. They would like to have advertising on the sandwich boards of the church.

Mission Worship Service – Evonne Pomerantz, director of Family Promise will speak.

Allocation of Mission Money -

\$2,540 – Presbytery Mission

\$1,000 - Good Neighbor Fund

\$ 100 – Victims Resource Center

\$ 250 – Clint Mc Coy Feeding Center

\$3,790

Collection of Bread Loaf Banks – Palm Sunday

Money to be collected at Children's Time and put into a plastic jar so children can pour the money into the jar. Money will be sent to the Presbytery Hunger Fund.

March 25th – Family Promise Monday night dinner – Sally, Ruth, and Don will bring the supper to share with the two families.

Weekend Wellness- bags are being filled twice a month with about 100 bags delivered each week. The food in the bags costs about \$7.50-\$8.00 per bag. AEY has donated \$2,000 which is in WPC's Weekend Wellness account. It will be given to the Food Pantry as it is needed.

Good Neighbor Fund

\$1,428 was received from WPC, Zion, and South Perinton U. Meth.

\$800 was given to one family for rent – 2 adults and 4 children.

\$400 was given to another family for rent and utilities - 3 adults and 2 children.

The balance in the Good Neighbor Fund is \$251.07 at the end of February.

Rotary – Irene will be attending the Rotary luncheon on April 10th to speak about the Good Neighbor Fund.

Our next meeting will be Wednesday April 17th at 10 AM.

Respectfully submitted,

Irene Fadden

The stated meeting of the session of Western Presbyterian Church & Society, Palmyra, New York was called to order by the moderator Reverend HoDong Hwang at 7:00PM in Fellowship Hall with the lighting of the Christ Candle and prayer.

<u>8 Present:</u> Philip Opdycke, Norman Underwood, Alicia Lynch, Courtney Marr, Randy Kennard, Emily Hunt, Irene Fadden (Zoom), Janet Manktelow

0 Absent

0 Excused

A quorum was present.

Motion made by Philip Opdycke seconded and carried to approve the agenda.
 Devotions were shared by Alicia.

Clerks Report

Motion made by Philip Opdycke seconded and carried to approve the minutes of the January session meeting.

Motion made by Randy Kennard seconded and carried to approve the minutes of the January 21, 2024 congregational meeting.

Elder training -Courtney Marr met with Reverend HoDong Hwang 3 times in January for training to serve as an elder.

Ordination and Installation – Courtney Marr was installed as an elder during the morning worship service Feb. 4, 2024

Courtney Marr was installed to serve as the head of the Worship Ministry Team and Phil Opdycke was installed as head of the Property Ministry Team during the morning worship service on Feb. 4, 2024. Reverend HoDong Hwang officiated.

Financial Secretary's Report

	Year End 2023				
	2023	2023	YTD% of		
	YTD	<u>Budget</u>	<u>Budget</u>		
Receipts_	\$168,664		\$147,077		
114.68%					
Expenditures	\$134,304		\$140,046	95.90%	
Total receipts/Expenditures	\$ 34,360	\$	7,031		

 Motion made by norm Underwood seconded and carried to approve the financial secretary's report.

Business of the Church

Medical payment- Kathy Barr is going to receive \$1,000.00 annually. It will be paid once a month and deposited into her checking account along with her normal pay.

- Motion made by Alicia Lynch seconded and carried to approve Janet Manktelow as clerk and Eric Chapman as treasurer for 2024.
- Motion made by Phil Opdycke seconded and carried to approve serving communion once each month which includes Easter and Christmas.

Welcome Team

We discussed how to make new people feel connected and welcomed so they will want to return. We need to make sure we wear our name tags so visitors will feel comfortable as they get to know us. Another way to encourage new people is to offer childcare during the service. Phil will check with James McFarlane about getting a TV upstairs for use in the childcare room. Courtney will write an article for the Spire about offering childcare.

 Motion made by Courtney Marr seconded and carried to put the new Welcome Team under the Fellowship Team with Jan Taylor as the lead.

Team Reports

Worship Ministry Team – no meeting, will have a special celebration on March 17th to celebrate Mr. Rogers Day and follow that on March 20th with a pizza and movie night.

Fellowship Ministry Team – Sweets and Treats Coffee Hour will be Feb.11th, a soup and chili potluck on March 17th.

Deacons Ministry Team - talked about what kind of bread to serve for communion, they will use pita bread, which is more like bread Jesus would have had, it will not be gluten free that will be placed in little bags for those who need it. Also talked about clarifying when to take the elements during communion.

Mission/Social Concerns Ministry Team – will pass out Sharing is Caring calendar in the bulletin, passed out Love Loaves for Presbytery Hunger Fund

Finance Ministry Team – checking on audit

CE Ministry Team – the first Story time had 6 kids. The next one will be held Feb 29th with music as the theme.

•Motion made by CE to hold the Feb 29th Story time in the sanctuary fi Jack Moak the guest reader.

Confirmation Class Schedule:

March 25 – last class

April 7 – meet with session after coffee hour

April 28 – join church

Property Ministry Team- working on getting the heat in the kitchen fixed, hoping to have a clean-up day for inside the church, starting to think if there is a need for a back-up generator.

Presbytery – reminder for the clerk to get annual reports completed.

Next Meeting- March 5, 2024 Courtney will do the devotional.

•Motion made by Randy Kennard seconded and carried to adjourn with prayer at 8:50PM.

Janet Manktelow Clerk

February Worship Meeting Minutes Tuesday, February 13

Open in prayer Quick Check In

Present: Sue L, Alicia L, Linda W, Joan D, Sharon M, MaryBeth L, HoDong H, and Courtney

Excused: Carol Sloan

What's going on in the life of our church? *Tomorrow is Ash Wednesday Service is at 7

Worship Business

Ash Wednesday Day Service

*Do we need ushers or readers?

Members of the Worship team that were planning on attending will usher.

*Ashes? HoDong has them ready!

Lent Sanctuary Decorations

*Group painting happening March 9

*Cross Decoration- Jody P

We took a field trip to see the decorations that Jody had set up. We all appreciate her taking this task on. HoDong has ideas on how to add to the decoration.

Good Friday Service Update

We will once again have a joint Good Friday service with the Farmington Friends with both choirs. Jack has been wonderful at trying to connect everyone to make this happen. HoDong will look into seeing if the Zion Church would like to join us. At this time the service has not been planned. It was recommended that HoDong watch last year's service or ask Kathy to pull out the bulletin to see what to expect.

Easter Lily Orders

*How many? lilies will be preordered.

*Call for Price Sue will call for prices

*Ordering-Continue to have the same process. Carol agreed to collect the order forms and money.

Busy Bags for Kids

*How are they working?

Kids seem to enjoy them, and parents seem to be grateful for the option to have the bag. We had a few bags not cleaned up after use so we might need to check them more frequently.

*Rotate new things?

*Fidget Toys

*Books

*Crayon Boxes?

Joan said she will rotate things in and out and will update the coloring pages/books to fit the season/holiday. Our goal is to get a bin full of toys and things to rotate in the bags. We encouraged the team that if they see anything they think the kids would like- to buy it if the price is right. We will have a bin in the library that will house the materials for the bags.

New Worshipers- What role does our committee play?

- *How can we be more welcoming but not overwhelming?!?
- *More follow up after?

HoDong introduced the Welcoming Team. Joan has agreed to help Jan Taylor with this group. Members were asked to think about what else we can do to be welcoming and to give Jan their ideas.

Mister Rogers Day- March 17 at WPC

- *What is it?
- *Why?
- *How are we celebrating it?
- *Any other ideas

We discussed Mr. Rogers Day and it worked out to connect with Mission and Fellowship teams. Jan and Courtney will plan an event on March 20 but no further help is needed from the team unless anyone wants to help plan the event.

HoDong Additions- Glory to God Hymnals

HoDong would like to start using the "Glory to God" hymnals or what we call "The Red Ones" more with inserts. We discussed the possibility of purchasing and making the switch to these hymnals in the future.

Round Table of Thoughts and Comments Close in Prayer

Respectfully Submitted by Courtney Marr on 3/3

Save the Date

WPC Spring Rummage Sale

May 16,17,18, 2024

Donation Drop-off starting May 5

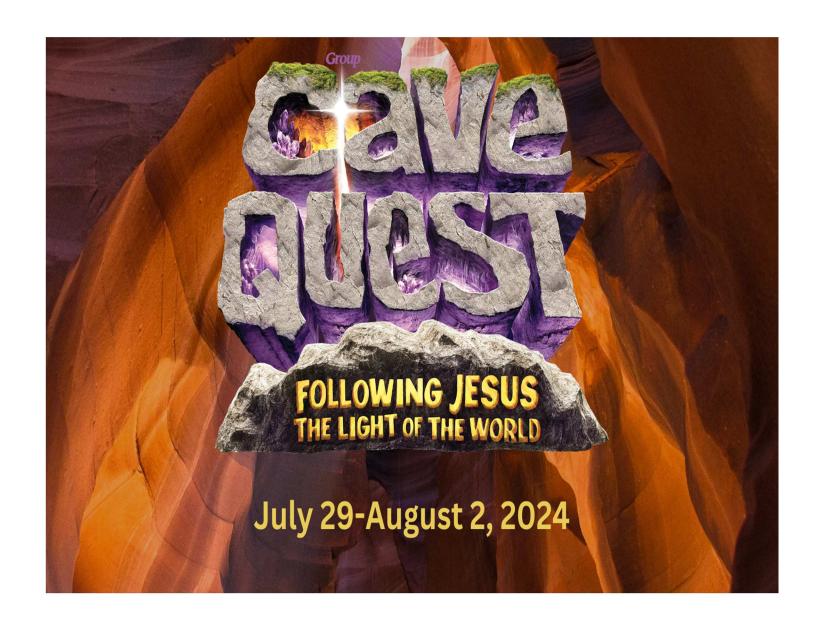


*Time to Clean out the clothes, linen and toy closets, cupboards, garages and more...

- * Please price Household Items, Toys, and such (we need your help)
- * Please No large appliances or furniture ~Thank You

Western Presbyterian Church needs **Your Help** to Work and Donate goods to the Spring Rummage Sale

HELP Sign-ups will be in WPC Church Hallway



Our Prayer Concerns (updated March 20, 2024)

Grieving:

Family & Friends of Mary Greenlaw-Meyer (Muffie Beato's cousin) (requested by the Deacons)

Family & Friends of Jessie Karalunas (requested by Terry & Joe Hagan)

Family & Friends of Mrs. Laurie Zadorozny Fay (requested by Daphne Hemmings)

Serving in the Armed Forces:

AJ Bliss, Adam Hill, Sarah Jagger, Joe Krebbeks, Quintyn McLeod, Josh Polle

Please pray for those of our congregation with immediate concerns:

Ellen Avery, Sandy Campbell, Tracy D'Arduini & Linda Pulcini, Irene Fadden, Bob Pringle, and Jan Semans

Congregation members needing continued prayers:

Wes Barager, Joan Durfey, Frank Lawrence, Cim McFarlane, Wilma Redman, David Squier, and Fran Strom

Congregation members in nursing homes or shut-in:

Beverly Koeberle, Rochelle Morse, Bev Mouton

May your prayers go out to:

All caregivers; All those affected by natural disasters; All those who have no one to pray for them; All victims of violence, hatred and hunger; Please pray for those that wish to remain anonymous

Others for whom prayers have been requested:

Dave Burley, Joyce Clark, Ed Cole, Janet Hassler Costa, Ann Davis, Lousia Diakogianvi, Kathleen Dougherty, Ted & Nancy Elsenheimer, Jonathan Groff, Janet Haigh, Linda Hanna, Marge Harloff, Russell Harris, Bobby & Eileen Haurand, Nancy Hovermale, Christine Johanessen-Stachecki, Viola Johnson, Roger King, Gary Lashway, Deb Merla, Karley Mott, Tracy Murphy, Dawn VerStraete Nieskes, Sue Nussbaumer, Jessica Locey Otto, Kathy Rynders, Frank Surace, Cory Trapiss, Connie West, Joan Verstringhe, Marguerite Vizzini

Names will remain on the prayer list for 30 days unless renewal has been requested.

<u>Prayers of Intercession</u> are offered each day by our Deacons.

To request prayer for yourself or another, please contact Randy Kennard, chair of Deacons, Sandy McMenamin, or Kathy in the Church office.



APRIL 2024

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	1 2 pm Fellowship	2 10 am Deacons 7 pm Boy Scouts Muscle Room 7 pm Session	3	4	5	6
7 2nd Sunday of Easter 9 am Sunday School 10 am worship service 11 am confirmands present statements of faith	8	9 10 am to Noon Toddler Time 3:15 pm Worship 7 pm Boy Scouts Muscle Room 7 pm Christian Ed.	10 1 pm FH Women's Circle Bible Study 7 pm FH Boy Scouts	11	12	13 5:30 pm FH Game Night
14 Communion & Cereal Sunday 9 am Sunday School 10 am worship service	15	16 SPIRE DEADLINE 7 pm Boy Scouts Muscle Room	17 10 am Mission/ Social Concerns 6:30 pm Property	18 6-7 pm Family Story Time	19	20
21 4th Sunday of Easter 9 am Sunday School 10 am worship service	22 Earth Day	23 10 am to Noon Toddler Time 7 pm Boy Scouts Muscle Room	24	25	26	27 2-4:30 pm Sanctuary Finger Lakes Camerata
Confirmation Sunday 9 am Sunday School 10 am worship service 11:30 am Coping with grief & loss	29	30 7 pm Boy Scouts Muscle Room				



MAY 2024

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
			1 10 am Mission/ Social Concerns	2 National Day of Prayer 6-8 pm FH First Aid Class	3	4
5 6 th Sunday of Easter 9 am Sunday School 10 am worship service 11 am FH Nutrition Class	6 2 pm Fellowship	7 10 am Deacons 3-5 pm Select Choir Rehearsal Sanctuary 7 pm Boy Scouts Muscle Room 7 pm Session	8 7 pm Boy Scouts Muscle Room 7 pm Select Choir Recital FH & Sanctuary	9	10	11
Communion & Cereal Sunday Mother's Day 9 am Sunday School 10 am worship service	9 am to 8 pm set up Rummage Sale	14 10 am-Noon Toddler Time 2-8 pm set up Rummage Sale 3:15 pm Worship 7 pm Boy Scouts Muscle Room 7 pm Christian Ed.	15 1 pm FH Women's Circle Bible Study 2-8 pm set up Rummage Sale 6:30 pm Property	16 9 am to 3 pm FH Rummage Sale	17 9 am to 3 pm FH Rummage Sale	18 9 am to 11 am FH Rummage Sale 11 am to 2 pm Tear Down
19 Day of Pentecost 9 am Sunday School 10 am worship service	20	21 SPIRE DEADLINE 7 pm Boy Scouts Muscle Room	22 6:30-7:30 pm FH Mediation Class	23	24	25
26 Trinity Sunday 9 am Sunday School 10 am worship service	27 Memorial Day Office Closed	28 10 am-Noon Toddler Time 7 pm Boy Scouts Muscle Room	29	30	31	